

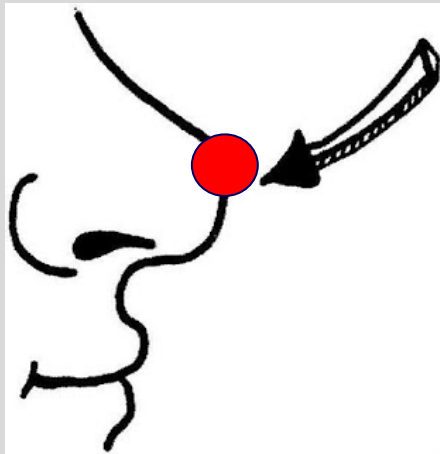
Investing for Successful Retirement

UD Osher – OLLI
Spring 2025

- **Rajeev A. Vaidya**
- **Ron Materniak**

Disclaimer in plain language

Disclaimer – in plain language:



Opinions are like noses, everyone has one !

You are going to see mine in this course !!

We are simply sharing our perspective.

This is not investment advice or recommendation.

Ron, and I are not a financial advisors.

This course is for educational purposes only.

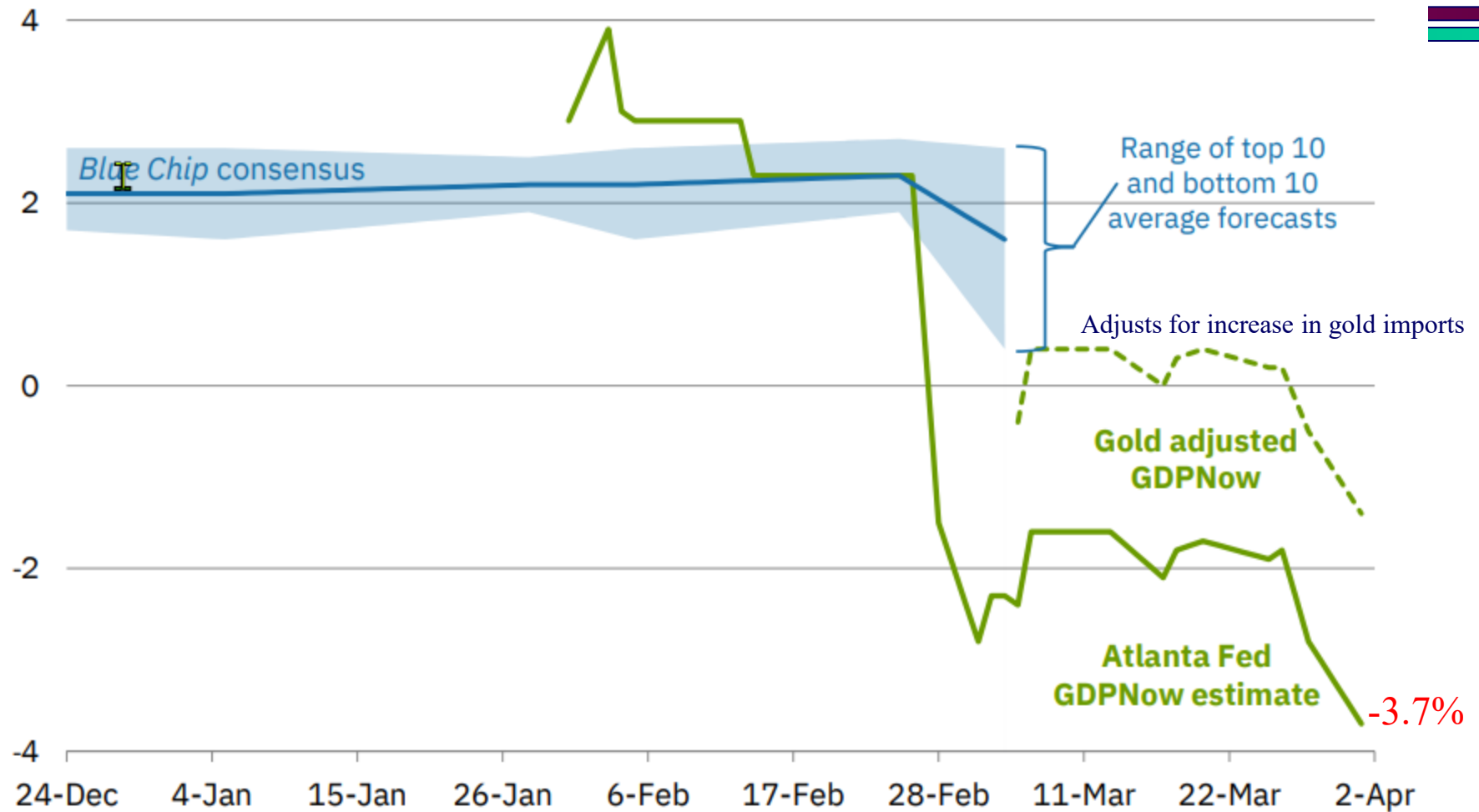
Form your own opinion, make your own investment decisions.

Ninth Class – Apr. 2nd

- Market Update
- Dividend Investing

Evolution of Atlanta Fed GDPNow real GDP estimate for 2025: Q1

Quarterly percent change (SAAR)



Factset(R) - S&P 500 Calendar year earnings forecast

320

https://advantage.factset.com/hubfs/Website/Resources%20Section/Research%20Desk/Earnings%20Insight/EarningsInsight_032825.pdf

300 Factset Earnings Estimates 3/28/25

- Q125 S&P 500 EPS growth 7.3% .. was 11.9% on Jan. 3rd.
- EPS for 2025 - \$226.92, \$0.98 lower than 3/20
- EPS for 2026 - \$308.10, \$0.85 lower than 3/20
- Fwd. looking P/E = 20.5
- Calculated P/E/G would be $19.9/12.75 = 1.6$
- 12-month target for the S&P 500 6905, 23.7% higher than close on 3/28

Axis Title

260

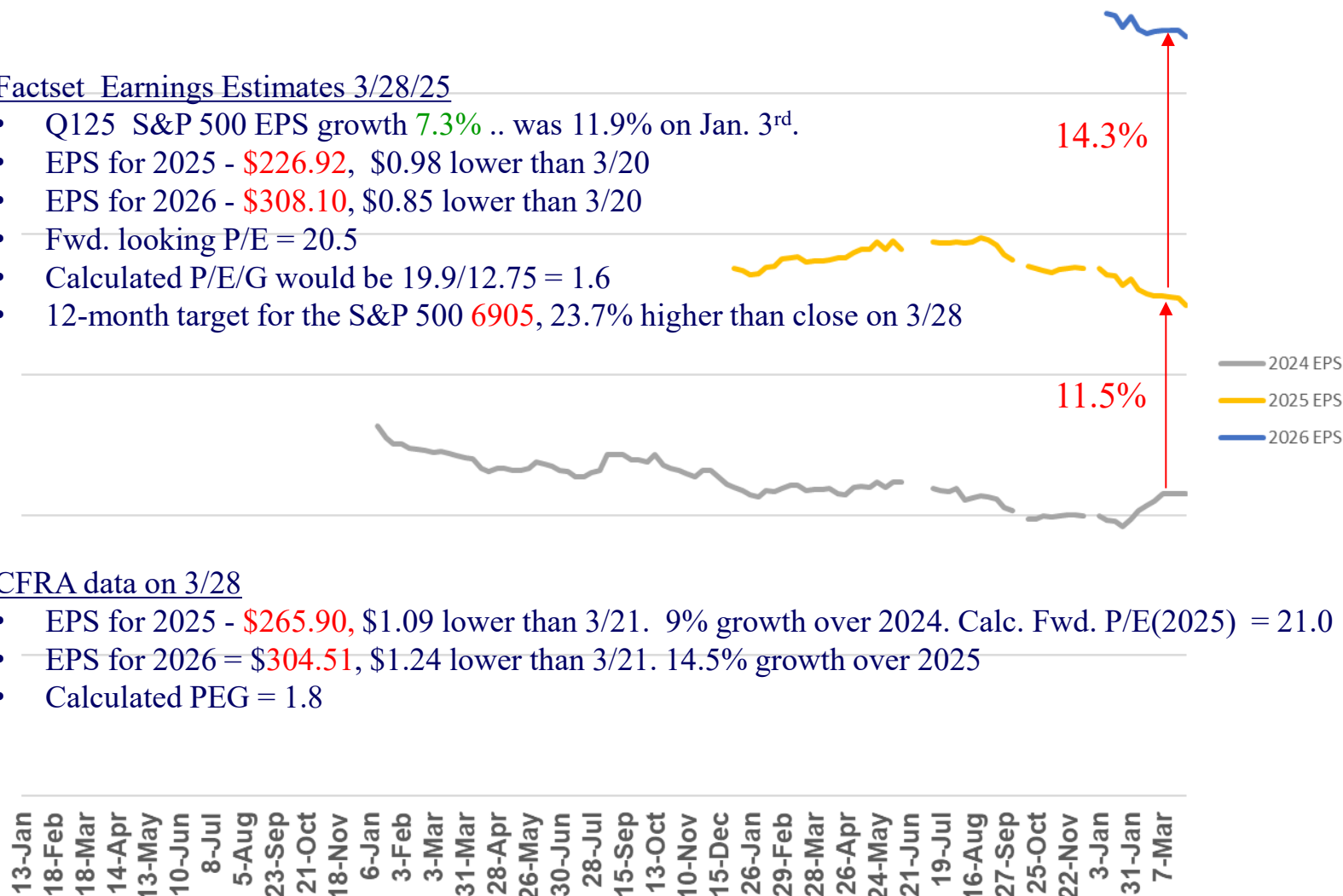
240

220

200

CFRA data on 3/28

- EPS for 2025 - \$265.90, \$1.09 lower than 3/21. 9% growth over 2024. Calc. Fwd. P/E(2025) = 21.0
- EPS for 2026 = \$304.51, \$1.24 lower than 3/21. 14.5% growth over 2025
- Calculated PEG = 1.8



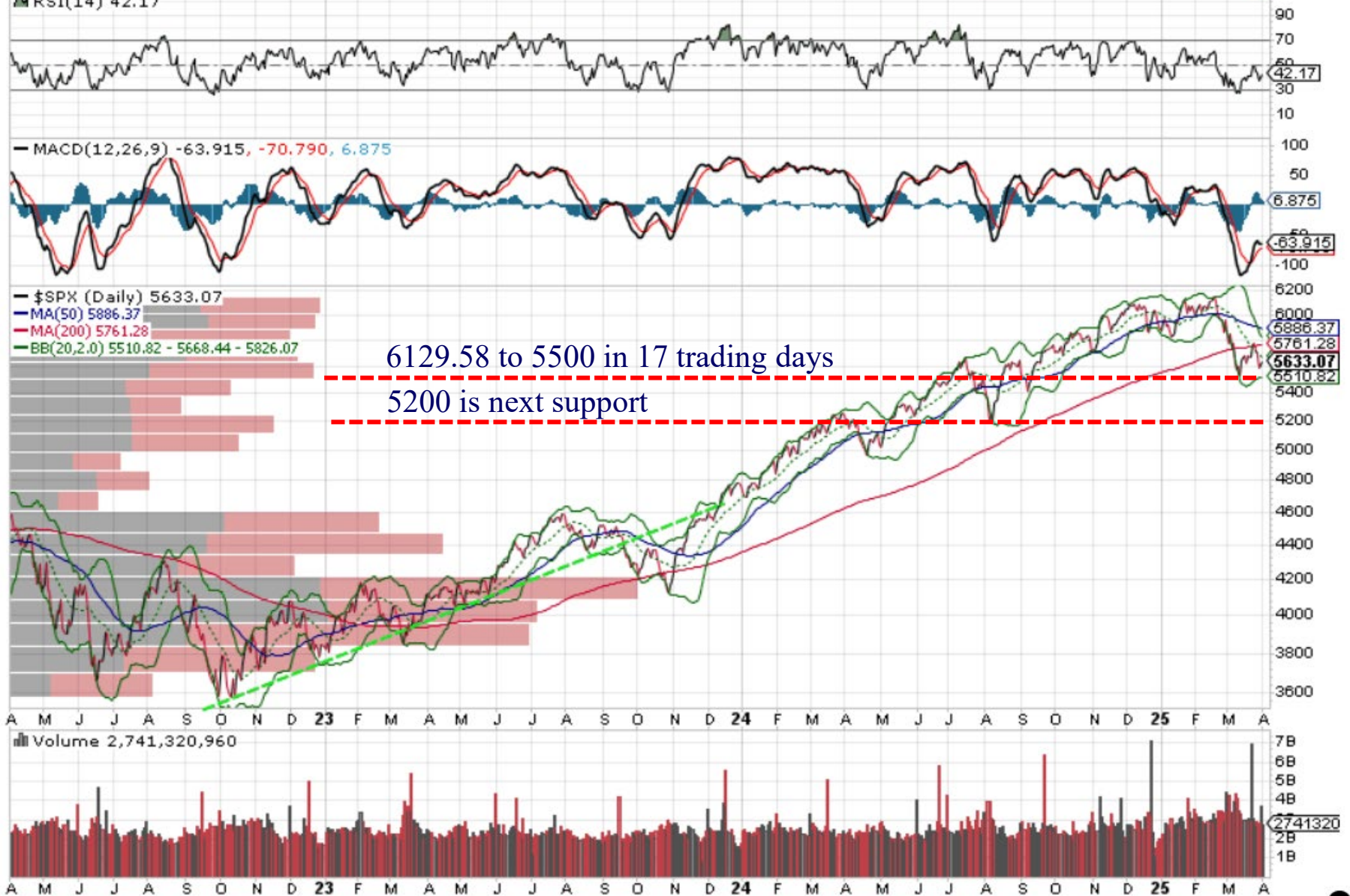
\$SPX S&P 500 Large Cap Index INDX

1-Apr-2025

▲ RSI(14) 42.17

Open 5597.53 High 5650.57 Low 5558.52 Close 5633.07 Volume 2.7B Chg +21.22 (+0.38%) ▲

© StockCharts.com



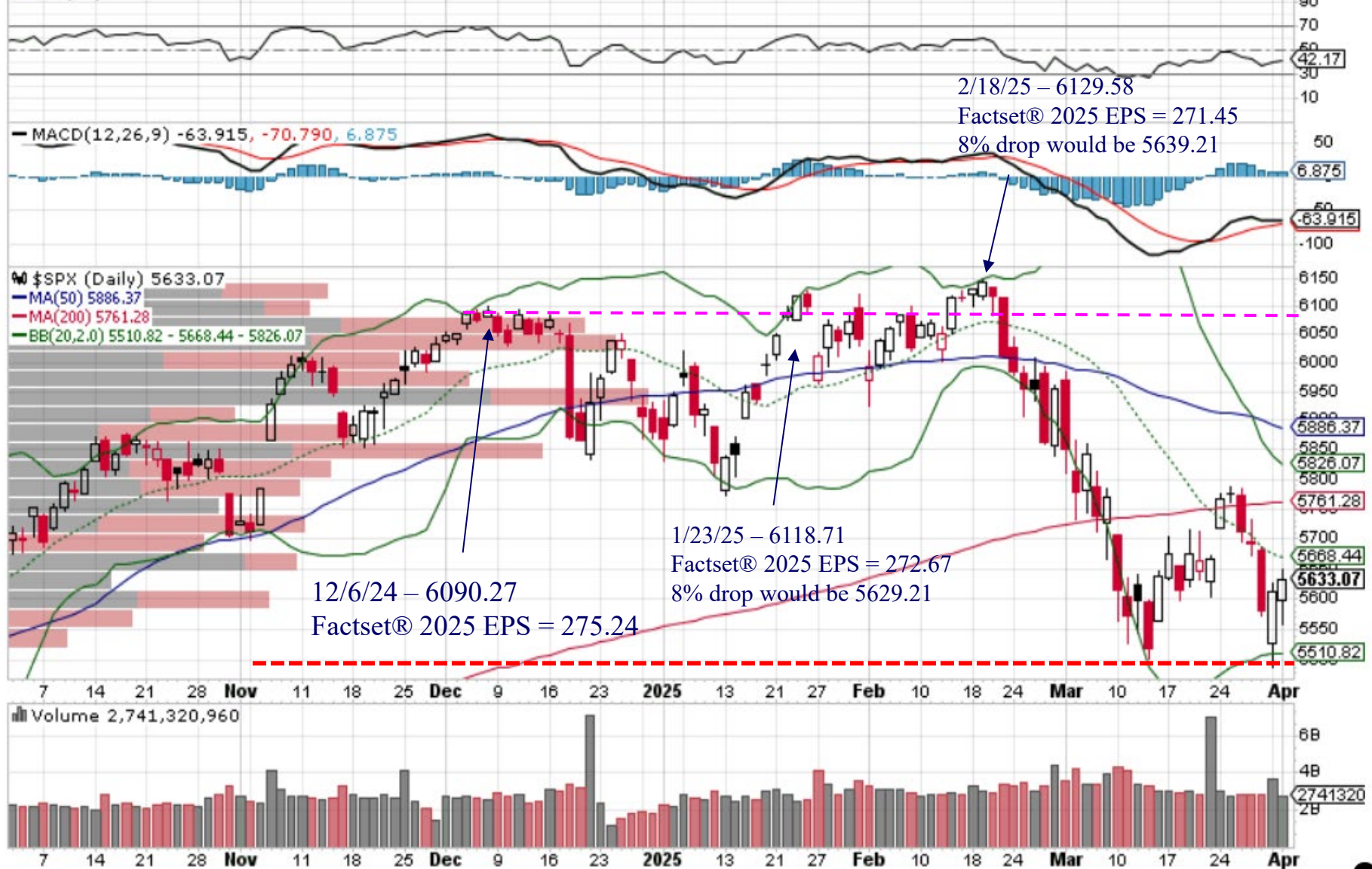
\$SPX S&P 500 Large Cap Index INDXX

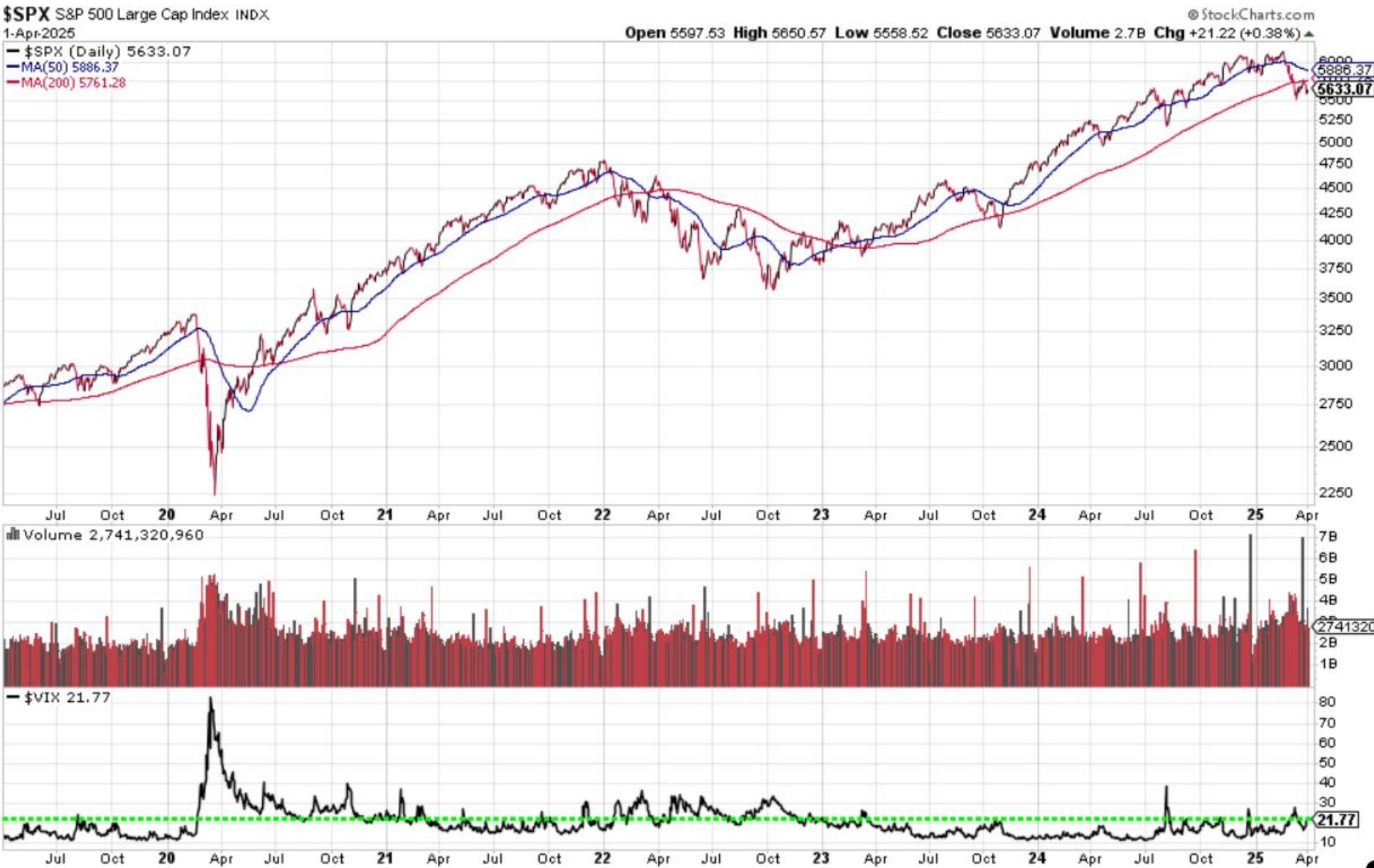
1-Apr-2025

© StockCharts.com

Open 5597.53 High 5650.57 Low 5558.52 Close 5633.07 Volume 2.7B Chg +21.22 (+0.38%) ▲

▲ RSI(14) 42.17





\$NYAD NYSE - Advance-Decline Issues INDEX

1-Apr-2025

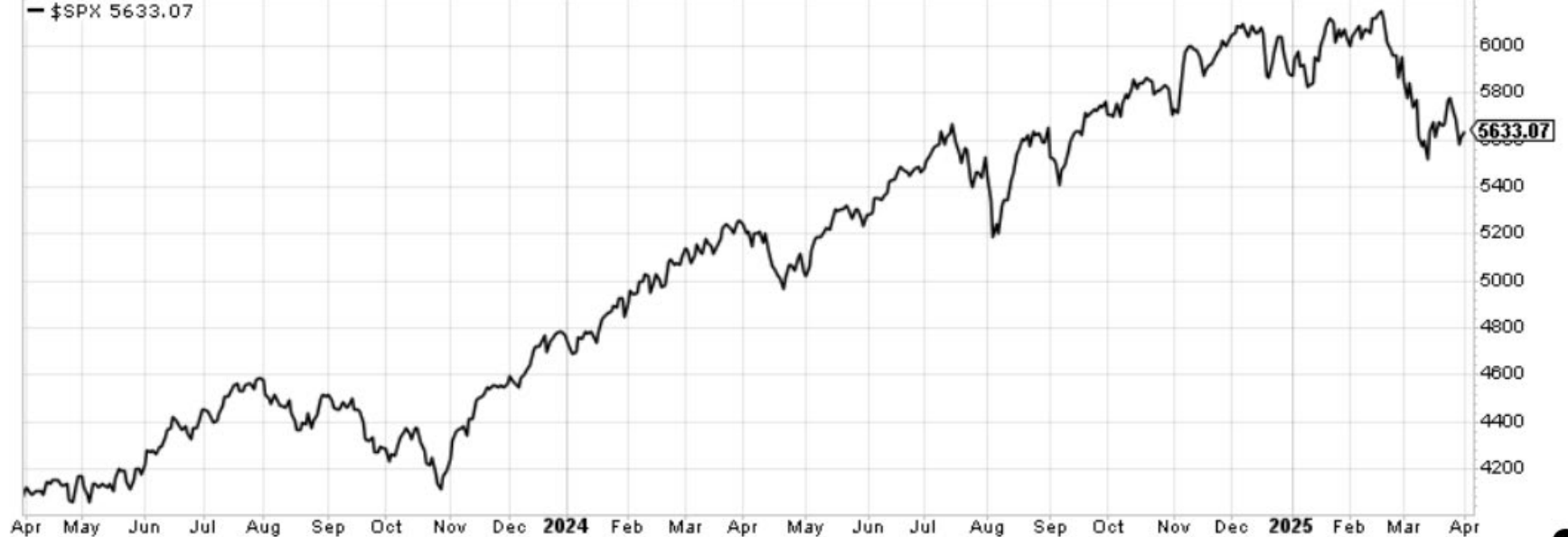
Open 40386.00 High 40386.00 Low 40386.00 Close 40386.00 Chg +700.00 (+1.76%)▲

© StockCharts.com

— \$NYAD Cumulative 40386.00
— MA(50) 43025.52



— \$SPX 5633.07



Market Breadth – another way

SPY SPDR S&P 500 ETF NYSE

1-Apr-2025

Open 557.45 High 562.94 Low 553.68 Close 560.97 Volume 54.3M Chg +1.58 (+0.28%) ▲

— SPY (Daily) 560.97

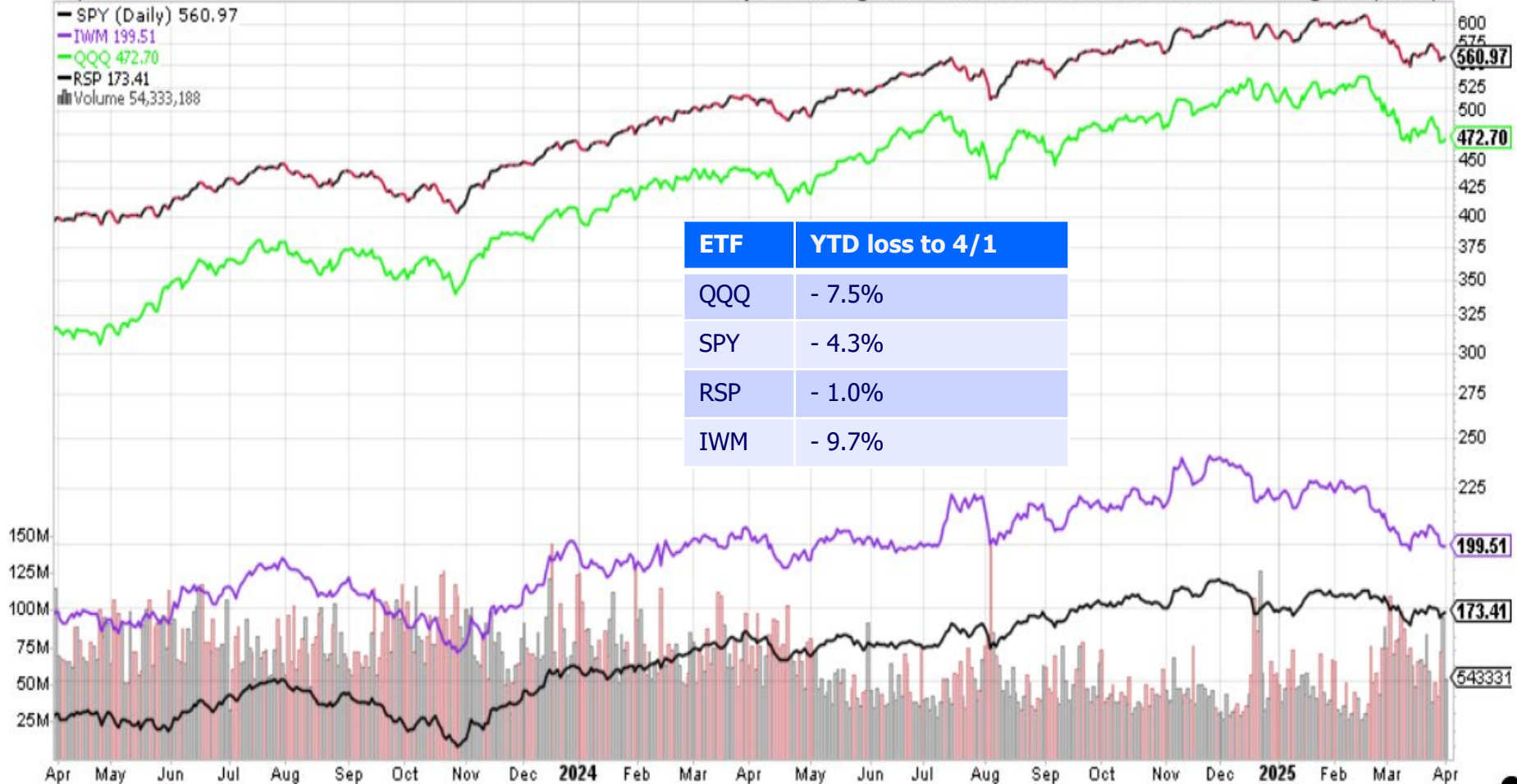
— IWM 199.51

— QQQ 472.70

— RSP 173.41

Volume 54,333,188

ETF	YTD loss to 4/1
QQQ	- 7.5%
SPY	- 4.3%
RSP	- 1.0%
IWM	- 9.7%







This is NOT investment advice

Weekly market direction

Prof. Guy Werner

Guy.werner@verizon.net

COLUMNS C,D AND E ARE FROM IBD AND PROVIDED BY DAVE (IN THE NORTH) SMITH			DISTRIBUTION DAYS		S&P 500 AVERAGE						S&P 500 TRIPLE SCREEN						NASDAQ TRIPLE SCREEN					
	DATE	MARKET PULSE (IBD)	S&P 500	NASDAQ	8-20 EMA	MACD	RSI	CLOSING	Δ	%CHANGE	8-20 EMA	MACD	RSI	CLOSING	Δ	%CHANGE	8-20 EMA	MACD	RSI	CLOSING	Δ	%CHANGE
SAT	03/15/25	FOR THE WEEK							-1,313	-3.07%					-132	-2.29%					-442	-2.43%
SUN	03/16/25	YTD							-1,056	-2.48%					-243	-4.13%					-1,556	-8.06%
MON	03/17/25	MARKET IN CORRECTION (0% -20%)			F	F	F	41,841	353	0.85%	F	F	F	5,675	37	0.66%	F	F	F	17,808	54	0.30%
TUE	03/18/25	MARKET IN CORRECTION (0% -20%)			F	F	F	41,581	-260	-0.62%	F	F	F	5,614	-61	-1.07%	F	F	F	17,504	-304	-1.71%
WED	03/19/25	MARKET IN CORRECTION (0% -20%)			F	F	F	41,964	383	0.92%	F	F	F	5,675	61	1.09%	F	F	F	17,750	246	1.41%
THUR	03/20/25	MARKET IN CORRECTION (0% -20%)			F	F	F	41,953	-11	-0.03%	F	F	F	5,662	-13	-0.23%	F	F	F	17,691	-59	-0.33%
FRI	03/21/25	MARKET IN CORRECTION (0% -20%)			F	P	F	41,985	32	0.08%	F	P	F	5,667	5	0.09%	F	P	F	17,784	93	0.53%
SAT	03/22/25	FOR THE WEEK							497	1.20%					29	0.51%					30	0.17%
SUN	03/23/25	YTD							-559	-1.31%					-214	-3.64%					-1,526	-7.90%
MON	03/24/25	MARKET IN CORRECTION (20% -40%)			F	P	F	42,583	598	1.42%	F	P	F	5,767	100	1.76%	F	P	F	18,188	404	2.27%
TUE	03/25/25	MARKET IN CORRECTION (20% -40%)			F	P	F	42,587	4	0.01%	F	P	F	5,776	9	0.16%	F	P	F	18,271	83	0.46%
WED	03/26/25	MARKET IN CORRECTION (0% -20%)			F	P	F	42,454	-133	-0.31%	F	P	F	5,712	-64	-1.11%	F	P	F	17,899	-372	-2.04%
THUR	03/27/25	MARKET IN CORRECTION (0% -20%)			F	P	F	42,299	-155	-0.37%	F	P	F	5,693	-19	-0.33%	F	P	F	17,804	-95	-0.53%
FRI	03/28/25	MARKET IN CORRECTION (0% -20%)			F	P	F	41,583	-716	-1.69%	F	P	F	5,580	-113	-1.98%	F	P	F	17,322	-482	-2.71%
SAT	03/29/25	FOR THE WEEK							-402	-0.96%					-87	-1.54%					-462	-2.60%
SUN	03/30/25	YTD							-961	-2.26%					-301	-5.12%					-1,988	-10.30%
MON	03/31/25	MARKET IN CORRECTION (0% -20%)			F	P	F	42,001	418	1.01%	F	P	F	5,611	31	0.56%	F	P	F	17,299	-23	-0.13%
TUE	04/01/25	MARKET IN CORRECTION (0% -20%)			F	P	F	41,989	-12	-0.03%	F	P	F	5,633	22	0.39%	F	P	F	17,449	150	0.87%

https://drive.google.com/drive/folders/0B6Qc_gjpsHXMclzQ245d2R1eTQ?resourcekey=0-5pWgINqJPJ12L2qYurMWg

TLT – 20+ yr U.S. Treasury ETF

TLT iShares 20+ Year Treasury Bond ETF Nasdaq GM

1-Apr-2025

© StockCharts.com

Open 91.25 High 91.90 Low 91.21 Close 91.49 Volume 39.7M Chg +0.79 (+0.87%) ▲

TLT (Daily) 91.49

Volume 39,717,484



U.S. Dollar



<https://ticdata.treasury.gov/resource-center/data-chart-center/tic/Documents/shla2023r.pdf>

Ninth Class – Apr. 2nd

- Market Update
- Dividend Investing

Investing in Retirement

- Prior to retirement – Accumulation phase
- After retirement
 - Protect and grow the investment portfolio
 - Use the portfolio to produce income for current expenses
 - Draw down the principal as needed and in a way that does not exhaust it prematurely.
- If your plan is to draw down 4% per year from your portfolio
 - If your portfolio produces 2% income
 - You draw down 2% to meet your needs.
 - Helps in both up markets and down markets
- Income produced from dividends is taxed at a lower rate

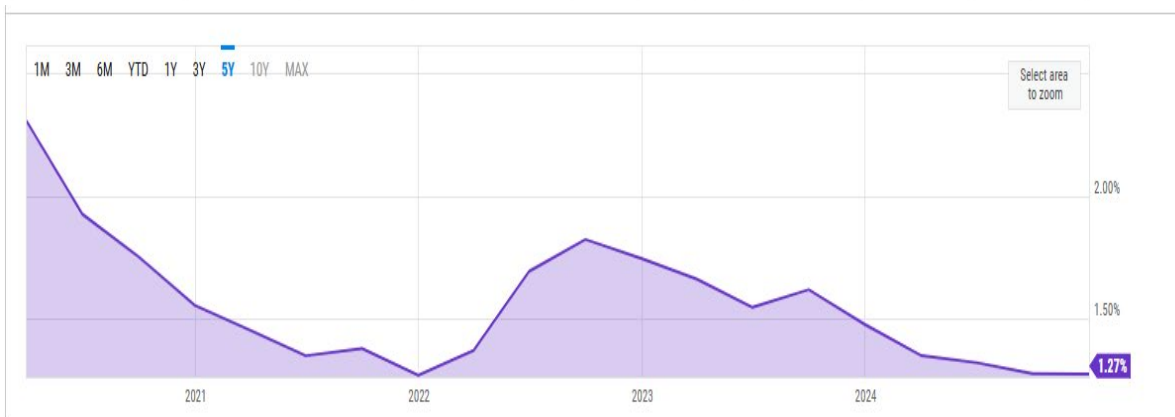
Why Dividends ??

- Historically, Dividends have been a meaningful part of total returns from equity investments.
- Dividend paying companies fare better in downturns than others.
- Dividends are taxed at a lower rate than income produced from bonds.
 - Depends on your income tax rate and whether the dividends are qualified dividends.

Dividend & Treasury Yields



US 10-year Treasury yield
 Weekly 5-year history
 Last = 4.18% on 4/1



S&P 500 yield
 Monthly 5 year history
 Last = 1.27% at YE 24
 Source – ycharts
 Last 1.3% on 2/28
 Source S&P 500 factsheet
 From S&P Global

<http://indexarb.com/dividendYieldSorteddj.html> – 12mon fwd. looking dividend yields for the Dow 30

Only 2 of the 30 DJIA stocks have an expected yield > 4.0% (VZ, CVX)

SureDividend Newsletter – website data –

- 54 of the S&P 500 stocks have a dividend yield > 4.0%
- 214 Russell 2000 Stocks have a Dividend yield > 4.0%

History dividend bearing stocks

Exhibit 1 Annualized Risk and Return of U.S. Stocks by Dividend Yield (July 1927–March 2019)

	Dividend-Payers by Yield Quintile					
	No Div	Low 1	2	3	4	High 5
Return (%)	8.81	9.25	10.13	9.85	11.88	10.84
Std Dev (%)	29.51	20.34	18.17	18.51	18.39	20.57
Beta	1.34	1.09	0.97	0.95	0.91	0.89

Source: French Data Library, author's calculations

Exhibit 2 Annualized Risk and Return of U.S. Stocks by Dividend Yield (January 1990–March 2019)

	Dividend-Payers by Yield Quintile					
	No Div	Low 1	2	3	4	High 5
Return (%)	10.24	8.68	10.53	10.70	10.98	9.85
Std Dev (%)	21.02	17.15	15.04	14.13	13.00	14.31
Beta	1.20	1.11	0.98	0.90	0.84	0.80

Source: French Data Library, author's calculations

Source – Morningstar article by Alex Bryan 8/21/2019

Relevant factors in Dividend paying stocks

- Cash flow predictability / consistency
 - Sales / earnings consistency
- Cash flow growth growing forward
 - Sales and earnings growth drives this
- Payout ratio
- Equity valuation
 - Relative to market
 - Relative to peers in industry
 - Relative to history
- Two broad styles
 - High yielders – high quality companies yielding more than the market
 - **Dividend growers** – high quality companies growing their dividends.
- **Dividend Growers**
 - Kings – 50 years of dividend increases – 53 as of 3/27
 - Aristocrats – 25+ years of dividend increases – 127 as of 3/27
 - Achievers – 10+ years of dividend increases

Data from SureDividend newsletter website

Screening for Dividend Stocks

- Value Line – Preset Screens – Summary and Index - Every week
 - Highest Dividend Yielding Stocks
 - Highest 3 to 5 year Dividend Yielding Stocks
 - Highest Dividend Yielding Non-Utility Stocks
- Value Line on-line screens
 - Safety
 - Safety rank - 1 through 5 ... 1 is the safest
 - Financial Strength - A++ through C
 - Predictability
 - Earnings Predictability - 0 to 100. 100 is best.
 - Growth (5 years)
 - Earnings Growth
 - Cash Flow Growth
 - Dividend Yield
 - Dividend Growth

THE VALUE LINE

Investment Survey®

Part 1 Summary & Index

File at the front of the
Ratings & Reports
binder. Last week's
Summary & Index
should be removed.

April 4, 2025

TABLE OF SUMMARY & INDEX CONTENTS

Summary & Index Page Number

Industries, in alphabetical order	1
Stocks, in alphabetical order	2-22
Noteworthy Rank Changes	24

SCREENS

Industries, in order of Timeliness Rank	24	Stocks with Lowest P/Es	35
Timely Stocks in Timely Industries	25-26	Stocks with Highest P/Es	35
Timely Stocks (1 & 2 for Performance)	27-29	Stocks with Highest Annual Total Returns	36
Conservative Stocks (1 & 2 for Safety)	30-31	Stocks with Highest 3- to 5-year Dividend Yield	36
Highest Dividend Yielding Stocks	32	High Returns Earned on Total Capital	37
Stocks with High 3- to 5-year Price Potential	32	Bargain Basement Stocks	37
Biggest "Free Flow" Cash Generators	33	Untimely Stocks (5 for Performance)	38
Best Performing Stocks last 13 Weeks	33	Highest Dividend Yielding Non-utility Stocks	38
Worst Performing Stocks last 13 Weeks	33	Highest Growth Stocks	39
Widest Discounts from Book Value	34		

The Median of Estimated
PRICE-EARNINGS RATIOS
of all stocks with earnings

17.6

26 Weeks Ago	Market Low	Market High
18.6	3-23-20 11.0	2-18-25 18.2

The Median of Estimated
DIVIDEND YIELDS
(next 12 months) of all dividend
paying stocks

2.2%

26 Weeks Ago	Market Low	Market High
2.0%	3-23-20 3.7%	2-18-25 2.1%

The Median Estimated
**THREE-TO-FIVE YEAR PRICE
APPRECIATION POTENTIAL**
of all stocks in the VL Universe

55%

26 Weeks Ago	Market Low	Market High
40%	3-23-20 145%	2-18-25 45%

The Median Estimated
**18-MONTH APPRECIATION POTENTIAL
TO TARGET PRICE RANGE**
of all stocks in the VL Universe

21%

26 Weeks Ago	Market Low	Market High
14%	3-23-20 72%	2-18-25 16%

HIGHEST DIVIDEND YIELDING STOCKS (Based upon estimated year-ahead dividends per share)

Page No.	Stock Name	Recent Price	Time-liness	Safety Rank	P/E Ratio	Est'd Yield	Industry Group	Industry Rank	Page No.	Stock Name	Recent Price	Time-liness	Safety Rank	P/E Ratio	Est'd Yield	Industry Group	Industry Rank
517	Petroleo Brasileiro ADR	13.97	2	3	3.6	15.3	Petroleum (Integrated)	48	1506	Northwest Bancshares	12.16	3	3	11.3	6.6	Thrift	64
110	Stellantis N.V.	12.28	4	3	4.4	13.4	Automotive	33	1625	Pfizer, Inc.	26.14	3	2	13.8	6.6	Drug	54
338	SFL Corp. Ltd	8.22	4	3	16.8	13.1	Maritime	76	370	Wendy's Company	15.07	4	3	14.6	6.6	Restaurant	26
1213	Aberdeen Asia-Pac. Fd.	15.99	—	4	NMF	12.4	Investment Co.	—	593	Enterprise Products	33.68	2	3	11.9	6.5	Pipeline MLPs	9
920	BCE Inc.	22.52	4	2	11.4	12.4	Telecom. Services	67	604	Bank of Nova Scotia	69.20	5	1	9.9	6.3	Bank	74
416	Aberdeen Australia Fd.	4.06	—	3	NMF	12.3	Investment Co.(Foreign)	—	507	Delek US Holdings	16.09	5	4	16.3	6.3	Petroleum (Integrated)	48
351	Bloomin' Brands	8.43	4	4	4.4	11.9	Restaurant	26	508	Equinor ASA	25.54	2	3	7.9	6.3	Petroleum (Integrated)	48
2397	Kimbell Royalty Part.	14.21	4	3	16.1	11.8	Petroleum (Producing)	21	1528	Gaming and Leisure	51.12	2	3	17.4	6.3	R.E.I.T.	91
1903	B&G Foods	6.84	3	4	10.7	11.1	Food Processing	55	2219	Franklin Resources	20.07	4	3	10.6	6.2	Asset Management	56
2393	Black Stone Minerals	15.32	3	3	10.0	10.4	Petroleum (Producing)	21	1235	Northland Power	19.40	4	3	15.6	6.2	Power	85
1218	Liberty All-Star	6.71	—	3	NMF	10.4	Investment Co.	—	2319	Polaris Inc.	42.93	4	3	13.2	6.2	Recreation	65
2108	Guess?, Inc.	11.75	—	4	5.7	10.2	Apparel	82	598	Suburban Propane	20.88	4	3	11.9	6.2	Pipeline MLPs	9
932	Millicom Int'l Cellular	29.60	1	3	13.7	10.1	Telecom. Services	67	2156	Upbound Group	25.36	4	3	5.9	6.2	Retail Store	28
1422	Xerox Holdings	5.48	5	3	5.8	9.5	Computers/Peripherals	58	944	Verizon Commun.	43.56	3	1	9.3	6.2	Telecom. Services	67
107	Mercedes-Benz AG	63.47	2	3	6.2	9.1	Automotive	33	2428	Huntsman Corp.	16.43	4	3	NMF	6.1	Chemical (Diversified)	89
1994	Playtika Holding	4.41	4	3	5.8	9.1	Entertainment Tech	93	2182	Sunoco LP	57.00	2	3	8.9	6.1	Retail (Hardlines)	7
1219	MFS Multimarket	4.65	—	4	NMF	9.0	Investment Co.	—	921	Cogent Comms. Hldgs	68.15	4	3	NMF	6.0	Telecom. Services	67
1592	Vale S.A. ADR	9.94	3	3	6.2	9.0	Metals & Mining (Div.)	79	2342	Sinclair, Inc.	16.53	4	4	8.1	6.0	Entertainment	37
2540	Western Union	10.49	2	3	6.0	9.0	Financial Svcs. (Div.)	14	1980	Universal Corp.	54.33	3	2	9.8	6.0	Tobacco	18
1537	Park Hotels & Resorts	11.51	3	4	12.1	8.7	R.E.I.T.	91	1503	Capitol Fed. Fin'l	5.81	3	3	12.9	5.9	Thrift	64
599	Western Midstream	41.37	3	4	11.8	8.7	Pipeline MLPs	9	582	Enbridge Inc.	63.38	4	1	21.1	5.9	Oil/Gas Distribution	36
1337	Methode Electronics	6.87	—	5	98.1	8.3	Electronics	11	103	Ford Motor	10.25	1	3	6.1	5.9	Automotive	33
360	Dine Brands Global	24.88	3	4	4.2	8.2	Restaurant	26	1530	Healthpeak Properties	20.45	—	3	38.6	5.9	R.E.I.T.	91
940	TELUS Corporation	19.76	4	2	26.3	8.2	Telecom. Services	67	1977	Imperial Brands PLC	35.39	2	2	9.2	5.8	Tobacco	18
2214	AllianceBernstein Hldg.	38.22	3	3	11.3	8.1	Asset Management	56	584	Kinetik Holdings	53.61	3	3	22.0	5.8	Oil/Gas Distribution	36
596	Plains All Amer. Pipe.	20.17	2	3	20.0	7.9	Pipeline MLPs	9	1540	Realty Income Corp.	56.28	5	3	41.4	5.8	R.E.I.T.	91
2405	Viper Energy Part.	45.63	4	3	15.9	7.6	Petroleum (Producing)	21	2322	Smith & Wesson Brands	9.53	5	3	23.2	5.8	Recreation	65
2104	Carter's Inc.	42.61	4	3	7.5	7.5	Apparel	82	1909	Conagra Brands	25.73	4	2	9.6	5.7	Food Processing	55
2377	Deluxe Corp.	16.14	2	3	10.1	7.4	Publishing	49	2202	Edison Int'l	58.59	4	2	10.9	5.7	Electric Utility (West)	45
561	LyondellBasell Inds.	71.96	4	3	16.8	7.4	Chemical (Specialty)	75	1599	FMC Corp.	41.75	3	3	11.3	5.7	Chemical (Basic)	60
597	Plains GP Hldgs. LP	21.46	1	3	29.4	7.4	Pipeline MLPs	9	2220	Invesco Ltd.	15.86	4	3	10.4	5.7	Asset Management	56
1976	Brit. Am. Tobacco ADR	40.84	3	2	8.5	7.3	Tobacco	18	363	Jack in the Box	30.62	3	4	5.7	5.7	Restaurant	26
1529	Healthcare Realty	16.88	4	3	NMF	7.3	R.E.I.T.	91	314	United Parcel Serv.	115.80	2	2	14.7	5.7	Air Transport	2
1623	Organon & Co.	15.33	3	3	3.8	7.3	Drug	54	1552	W.P. Carey Inc.	61.41	2	3	30.6	5.7	R.E.I.T.	91
1211	Whirlpool Corp.	95.64	4	3	8.3	7.3	Household Products	70	502	BP PLC ADR	34.11	3	3	9.8	5.6	Petroleum (Integrated)	48
2387	OUTFRONT Media	16.70	3	4	20.4	7.2	Advertising	88	1516	BXP Inc.	69.48	5	3	NMF	5.6	R.E.I.T.	91
1975	Altria Group	57.65	3	2	11.0	7.1	Tobacco	18	1504	Columbia Banking	25.67	3	3	9.9	5.6	Thrift	64
595	MPLX LP	53.89	3	3	12.5	7.1	Pipeline MLPs	9	515	PBF Energy	19.67	5	5	8.6	5.6	Petroleum (Integrated)	48
938	Telefonica SA ADR	4.52	—	3	16.1	7.1	Telecom. Services	67	521	TotalEnergies SE ADR	62.95	2	3	9.2	5.6	Petroleum (Integrated)	48
1580	BHP Group Ltd. ADR	49.30	3	3	16.4	7.0	Metals & Mining (Div.)	79	1006	Cogeco Commun.	66.50	3	2	8.1	5.5	Cable TV	25
594	Hess Midstream LP	42.98	2	3	14.9	7.0	Pipeline MLPs	9	1158	Ethan Allen Interiors	28.44	3	3	11.9	5.5	Furn/Home Furnishings	73
551	Chemours Co. (The)	14.45	5	4	12.8	6.9	Chemical (Specialty)	75	1922	Kraft Heinz Co.	29.12	5	2	9.5	5.5	Food Processing	55
2389	WPP PLC ADR	39.64	4	3	10.0	6.9	Advertising	88	1640	ManpowerGroup Inc.	58.51	3	3	19.7	5.5	Human Resources	40
306	Copa Holdings, S.A.	95.37	2	3	6.9	6.8	Air Transport	2	1507	Provident Fin'l Svcs.	17.39	4	3	10.1	5.5	Thrift	64
592	Energy Transfer LP	18.88	2	3	13.8	6.8	Pipeline MLPs	9	2327	Vail Resorts	162.08	3	3	21.2	5.5	Recreation	65
1589	Rio Tinto plc	62.17	3	2	8.9	6.8	Metals & Mining (Div.)	79	1223	AES Corp.	12.88	2	3	6.0	5.4	Power	85
568	Tronox Holding plc	7.37	5	4	11.5	6.8	Chemical (Specialty)	75	1511	Alexandria Real Estate	97.55	5	3	40.3	5.4	R.E.I.T.	91
1387	United Microelectronics	6.79	3	3	11.7	6.8	Semiconductor	84	1749	Brookfield Infrastruc.	29.99	4	3	40.0	5.4	Diversified Co.	20
2130	Monro, Inc.	16.69	4	3	15.2	6.7	Retail Automotive	15	2383	Interpublic Group	25.93	—	3	8.9	5.4	Advertising	88
510	HF Sinclair	33.14	3	3	12.7	6.6	Petroleum (Integrated)	48	2222	Price (T. Rowe) Group	95.98	3	2	9.6	5.4	Asset Management	56

Why is the yield high ??

- Is the yield high
 - Regularly? ...
 - Now .. Special dividend?
 - Now .. Low stock price?
- Good growing company
 - In a poor market
 - Short term issue with a clear way out?
- Company that is broken
 - Why will the company recover?
 - Is the risk worth the dividend?

STOCKS WITH HIGHEST PROJECTED 3- TO 5-YEAR DIVIDEND YIELD

Based upon the projected dividend per share 3 to 5 years hence divided by the recent price

Page No.	Stock Name	Recent Price	Est'd Future Yield	Time-liness	Safety Rank	Industry Group	Industry Rank	Page No.	Stock Name	Recent Price	Est'd Future Yield	Time-liness	Safety Rank	Industry Group	Industry Rank
517	Petroleo Brasileiro ADR	13.97	23%	2	3	Petroleum (Integrated)	48	2219	Franklin Resources	20.07	8%	4	3	Asset Management	56
2397	Kimbell Royalty Part.	14.21	19%	4	3	Petroleum (Producing)	21	1531	Host Hotels & Resorts	15.02	8%	3	3	R.E.I.T.	91
351	Bloomin' Brands	8.43	16%	4	4	Restaurant	26	2220	Invesco Ltd.	15.86	8%	4	3	Asset Management	56
1537	Park Hotels & Resorts	11.51	16%	3	4	R.E.I.T.	91	2401	Permian Resources Corpor	14.15	8%	3	4	Petroleum (Producing)	21
338	SFL Corp. Ltd	8.22	16%	4	3	Maritime	76	1589	Rio Tinto plc	62.17	8%	3	2	Metals & Mining (Div.)	79
110	Stellantis N.V.	12.28	15%	4	3	Automotive	33	938	Telefonica SA ADR	4.52	8%	—	3	Telecom. Services	67
1592	Vale S.A. ADR	9.94	15%	3	3	Metals & Mining (Div.)	79	2389	WPP PLC ADR	39.64	8%	4	3	Advertising	88
596	Plains All Amer. Pipe.	20.17	14%	2	3	Pipeline MLPs	9	1223	AES Corp.	12.88	7%	2	3	Power	85
1994	Playtika Holding	4.41	14%	4	3	Entertainment Tech	93	1177	Amcor plc	9.55	7%	3	2	Packaging & Container	23
920	BCE Inc.	22.52	13%	4	2	Telecom. Services	67	2188	Amer. Eagle Outfitters	12.72	7%	4	3	Retail (Softlines)	29
597	Plains GP Hldgs. L.P.	21.46	13%	1	3	Pipeline MLPs	9	604	Bank of Nova Scotia	69.20	7%	5	1	Bank	74
1387	United Microelectronics	6.79	13%	3	3	Semiconductor	84	1005	Cogeco Communic.	66.50	7%	3	2	Cable TV	25
1903	B&G Foods	6.84	11%	3	4	Food Processing	55	921	Cogent Comms. Hldgs	68.15	7%	4	3	Telecom. Services	67
2393	Black Stone Minerals	15.32	11%	3	3	Petroleum (Producing)	21	1504	Columbia Banking	25.67	7%	3	3	Thrift	64
593	Enterprise Products	33.68	11%	2	3	Pipeline MLPs	9	507	Delek US Holdings	16.09	7%	5	4	Petroleum (Integrated)	48
2108	Guess?, Inc.	11.75	11%	—	4	Apparel	82	2377	Deluxe Corp.	16.14	7%	2	3	Publishing	49
107	Mercedes-Benz AG	63.47	11%	2	3	Automotive	33	2202	Edison Int'l	58.59	7%	4	2	Electric Utility (West)	45
1976	Brit. Am. Tobacco ADR	40.84	10%	3	2	Tobacco	18	1599	FMC Corp.	41.75	7%	3	3	Chemical (Basic)	60
306	Copa Holdings, S.A.	95.37	10%	2	3	Air Transport	2	1528	Gaming and Leisure	51.12	7%	2	3	R.E.I.T.	91
932	Millicom Int'l Cellular	29.60	10%	1	3	Telecom. Services	67	2428	Huntsman Corp.	16.43	7%	4	3	Chemical (Diversified)	89
940	TELUS Corporation	19.76	10%	4	2	Telecom. Services	67	2383	Interpublic Group	25.93	7%	—	3	Advertising	88
1550	VICI Properties	31.97	10%	2	3	R.E.I.T.	91	363	Jack in the Box	30.62	7%	3	4	Restaurant	26
599	Western Midstream	41.37	10%	3	4	Pipeline MLPs	9	1640	ManpowerGroup Inc.	58.51	7%	3	3	Human Resources	40
2540	Western Union	10.49	10%	2	3	Financial Svcs. (Div.)	14	2130	Monro, Inc.	16.69	7%	4	3	Retail Automotive	15
2392	APA Corp.	20.84	9%	2	4	Petroleum (Producing)	21	1202	Newell Brands	6.73	7%	3	5	Household Products	70
2214	AllianceBernstein Hldg.	38.22	9%	3	3	Asset Management	56	1506	Northwest Bancshares	12.16	7%	3	3	Thrift	64
1975	Altria Group	57.65	9%	3	2	Tobacco	18	1623	Organon & Co.	15.33	7%	3	3	Drug	54
579	Antero Midstream Corp.	17.99	9%	3	3	Oil/Gas Distribution	36	515	PBF Energy	19.67	7%	5	5	Petroleum (Integrated)	48
2104	Carter's Inc.	42.61	9%	4	3	Apparel	82	1625	Pfizer, Inc.	26.14	7%	3	2	Drug	54
360	Dine Brands Global	24.88	9%	3	4	Restaurant	26	2319	Polaris Inc.	42.93	7%	4	3	Recreation	65
508	Equinor ASA	25.54	9%	2	3	Petroleum (Integrated)	48	2222	Price (T. Rowe) Group	95.98	7%	3	2	Asset Management	56
427	Exponent, Inc.	80.19	9%	3	3	Information Services	31	1540	Realty Income Corp.	56.28	7%	5	3	R.E.I.T.	91
510	HF Sinclair	33.14	9%	3	3	Petroleum (Integrated)	48	2343	Sirius XM Holdings	23.95	7%	—	4	Entertainment	37
1529	Healthcare Realty	16.88	9%	4	3	R.E.I.T.	91	2322	Smith & Wesson Brands	9.53	7%	5	3	Recreation	65
1530	Healthpeak Properties	20.45	9%	—	3	R.E.I.T.	91	598	Suburban Propane	20.88	7%	4	3	Pipeline MLPs	9
594	Hess Midstream LP	42.98	9%	2	3	Pipeline MLPs	9	587	TC Energy Corp.	49.27	7%	3	2	Oil/Gas Distribution	36
561	LyondellBasell Inds.	71.96	9%	4	3	Chemical (Specialty)	75	568	Tronox Holding plc	7.37	7%	5	4	Chemical (Specialty)	75
595	MPLX LP	53.89	9%	3	3	Pipeline MLPs	9	314	United Parcel Serv.	115.80	7%	2	2	Air Transport	2
1337	Method Electronics	6.87	9%	—	5	Electronics	11	2156	Upbound Group	25.36	7%	4	3	Retail Store	28
1235	Northland Power	19.40	9%	4	3	Power	85	1549	Veris Residential	16.64	7%	4	3	R.E.I.T.	91
2387	OUTFRONT Media	16.70	9%	3	4	Advertising	88	944	Verizon Commun.	43.56	7%	3	1	Telecom. Services	67
2341	Paramount Global	11.64	9%	—	4	Entertainment	37	2405	Viper Energy Part.	45.63	7%	4	3	Petroleum (Producing)	21
2342	Sinclair, Inc.	16.53	9%	4	4	Entertainment	37	1552	W.P. Carey Inc.	61.41	7%	2	3	R.E.I.T.	91
2321	Six Flags Ent. Corp.	38.82	9%	—	3	Recreation	65	370	Wendy's Company	15.07	7%	4	3	Restaurant	26
1422	Xerox Holdings	5.48	9%	5	3	Computers/Peripherals	58	1211	Whirlpool Corp.	95.64	7%	4	3	Household Products	70
2118	Advance Auto Parts	38.59	8%	—	3	Retail Automotive	15	1511	Alexandria Real Estate	97.55	6%	5	3	R.E.I.T.	91
1749	Brookfield Infrastruc.	29.99	8%	4	3	Diversified Co.	20	1902	Archer Daniels Mid'd	45.93	6%	—	3	Food Processing	55
551	Chemours Co. (The)	14.45	8%	5	4	Chemical (Specialty)	75	952	AudioCodes Ltd.	10.01	6%	—	3	Telecom. Equipment	41
2191	Designer Brands	4.24	8%	—	5	Retail (Softlines)	29	2200	Avista Corp.	39.71	6%	3	3	Electric Utility (West)	45
592	Energy Transfer LP	18.88	8%	2	3	Pipeline MLPs	9	502	BP PLC ADR	34.11	6%	3	3	Petroleum (Integrated)	48

© 2025 Value Line, Inc. All rights reserved. Factual material is obtained from sources believed to be reliable and is provided without warranties of any kind. THE PUBLISHER IS NOT RESPONSIBLE FOR ANY ERRORS OR OMISSIONS HEREIN. This publication is strictly for subscriber's own, non-commercial, internal use. No part of it may be reproduced, resold, stored or transmitted in any printed, electronic or other form, or used for generating or marketing any printed or electronic publication, service or product.

To subscribe call 1-800-VALUELINE

Good Dividend stock – Prior Example

□ Like a Synthetic Bond

- Below Par Value
- With a good yielding coupon
- Protect capital

□ Example – Sunoco (SUN)

- 3/25/2021 Buy price = \$31.13 ... Dividend \$3.30 ... Yield 10.6%
- Not an oil company or a refining company
- Gasoline distribution and convenience stores
- Got beaten up with oil price decline.
- Went higher as oil price went higher.
- Have sell stop above my buy price.

**This is not
investment
advice**

My 1st purchase was on March 25 2021
My yield at 1st purchase = 10.6%
Made money on options
Added to my position
My average buy price = \$34.82
VL est. of 2025 dividend per share = \$3.50
Effective yield for me = 10%
Price on 3/28/25 = \$59.20
Yield today = 5.91%
My Protect capital Sell Stop @ 35.00

This is NOT investment advice

Value Line online stock screener

□ Safe High Yielding Dividend Stocks

□ 14 stocks pass screen on 03/30/25

□ 13 are on US exchanges

Criteria	Value
Safety Rank	1 or 3
Financial Strength	B++ or better
Earnings Predictability	70 or better
Dividend Yield	4.5 - 10%
Dividend Growth (5 yr)	5% or better
Earnings per share Growth (5 yr)	5% or better
Cash Flow per share Growth (5 yr)	5% or better

This is not
investment
advice

Value Line Screener Results

Company Name	Ticker	Dividend Yield	Safety™	Earnings Predictability	Financial Strength Rating	Dividend 5 Yr Growth Rate (%)	EPS 5 Yr Growth Rate (%)	Cash Flow 5 Yr Growth Rate (%)
AllianceBernstein Holding LP	AB	8.5%	3	70	A	6.5	7.5	5.5
Best Buy Company	BBY	5.2%	3	70	A	17	14	13
Conagra Brands	CAG	5.3%	2	85	B++	8.5	6	5.5
Cogeco Communic.	CCA.TO	5.4%	2	95	B++	10.5	7	7.5
Crown Castle Inc.	CCI	6.0%	3	70	B++	7.5	18.5	8
CubeSmart	CUBE	4.9%	2	85	B++	10	14	10.5
Eversource Energy	ES	4.9%	2	100	A	6	5.5	5.5
Global Industrial Company	GIC	4.6%	3	75	B++	19.5	13	11
Altria Group Inc	MO	7.0%	2	100	A	7	7.5	6.5
MPLX LP	MPLX	7.1%	3	80	B++	5.5	25.5	14.5
Standard Motor Products Inc	SMP	5.0%	3	70	B++	7.5	6	6
Truist Fin'l	TFC	5.1%	3	80	A	8.5	7.5	7.5
United Parcel Service	UPS	6.0%	2	70	A	12	9.5	9
US Bancorp	USB	4.7%	3	75	A+	9.5	5	8.5

These are potential starting points in your search
for dividend stocks

This is not
investment advice

Dividend Grower – Opportunity ??

- Like a Bond
 - Below Par Value
 - With a good yielding coupon
 - With a coupon that grows over time
 - Protect capital
- Example – United Parcel Service (UPS)
 - 3/28/2025 = \$109.66, Dividend Yield 6.0%
 - Has grown dividends every year since 2014
 - Morningstar – 4 Stars, Fair Value = \$138
 - CFRA - 4 Stars, Buy, 12-month target price = \$134, Dividend = \$6.56
 - EPS = \$7.72 in 2024, \$8.17 in 2025 ... P/E based on 2025 = 13.4 (range since 2015 = 22.5 – 10.0)
 - Asset intensive business.
 - 406,000 employees in US. 75% are unionized, Teamsters contract expires 7/31/28, Intl. Pilots Assoc. contract expires 9/1/2025
 - Amazon - largest customer UPS will reduce Amazon volume by 50% by mid 2026
 - Value Line- Safety 2, Financial strength A, Timeliness 2, 18-month Mid-point \$139
 - EPS \$7.72 operating profit margin 13.8% in 2024, 7.85 and 14.5% in 2025
 - 2024 - All dividends to Net Profits = 84%, All dividends to Cash Flow = 54.5%
 - Chart needs to improve

▲ RSI(14) 34.12



Dividend Grower – Opportunity ??

□ Like a Bond

- Below Par Value Wait for the market to give it to you at a good price
- With a good yielding coupon
- With a coupon that grows over time
- Protect capital

**This is not
investment advice**

□ Example – Eversource Energy (ES) 3/28/2025 = \$61.12, Dividend Yield 4.9%

- Diversified holding co. – 12 Utilities, 4.5 mil customers – Gas, Electricity, Water – MA, CN, NH
- Sold poor performing wind assets at a loss. Selling a water utility (Aquarion) at a premium.
- 3 Segments going forward – Electric Transmission, Electric Distribution and Natural Gas Distribution
- Distribution Network – collects T&D fees (2/3 of investment through 2028)
- Has grown dividends every year for 27 years. EPS & Cash flow growth every year for the past 10.
- Morningstar – 4 Stars, Fair Value = \$73
- Argus – Buy rating, target price \$73
- CFRA - 3 Stars, Buy, 12-month target price = \$66, Dividend = \$3.01
 - EPS = \$4.57 in 2024, \$4.75 in 2025 ... P/E based on 2025 = 12.9 (range since 2015 = 11.4 – 25.1)
- Value Line- Safety 2, Financial strength A, Timeliness 5, 18-month Mid-point \$63
 - EPS \$4.55 in 2024, 4.80 and in 2025
 - 2024 - All dividends to Net Profits = 63%, All dividends to Cash Flow = 38.3%

ES Eversource Energy NYSE

28-Mar-2025

▲ RSI(14) 52.97

Open 60.86 High 61.70 Low 60.28 Close 61.12 Volume 1.6M Chg +0.82 (+1.36%) ▲

© StockCharts.com



This is NOT investment advice

Dividend focused ETFs

- Let some one else do the analysis
- Benefit from diversification
- ETFs with two main foci
 - Best Dividend Growth
 - Highest Yields

Dividend focused ETFs

- Dividend ETFs in all flavours
 - Core Dividend – DIVB, SCHD, DTD
 - High Dividend – VYM
 - Growing Dividend – VIG, TDVG, DGRO, DGRW, DGRS (Small Cap)
 - Low Beta High Quality – QDEF
 - International
 - ADIV (AP ex JP), EDIV (Emerging Markets)
 - High Dividend - DEM (EM high div), HDEF
 - Dividend growth - VIGI
 - International hedged – DDWM

These are potential starting points in your search for dividend focused funds

This is NOT investment advice

Enhancing Dividends with covered calls

- Buy a dividend paying stock
- Collect the dividend
- Sell out of the money covered calls – keep the premium
- Risks:
 - Stock gets called – make a profit ... may not get dividend
 - Stock drops in value
- ETFs with a covered call strategy for the S&P 500 **DIVO**
 - Distribution Yield approx. 4.62%, 30 Day SEC Yield = 1.77%
 - Expense ratio = 0.56%
 - Rated 5 stars by Morning Star based on past performance
 - Buy in the market downturn with sell stops ??
 - If you do, raise sell stop above your buy price as the market recovers.

This is NOT investment advice

Enhancing Dividends with covered calls

- Other similar ETFs – JEPI or JEPQ
 - Exchange Linked Notes instead of covered calls
 - Counter Party Risk

Tenth Class – Apr. 9nd

- Market Update
- 5 Steps of disciplined buying

Thanks !!

- Happy Investing !!

- **My EMail**

 - diyinvst@udel.edu

- **Class website**

 - <http://udel.edu/~diyinvst>