

Andrea Grim, MS, RD, LD

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EDUCATION

California State University, Northridge

Master of Science, *Family and Consumer Sciences* with emphasis in *Dietetics*, December 1998

California State University, Northridge

Dietetic Internship, 1997-1998

California State University, Fresno

Bachelor of Science, *Dietetics*, May 1997

PROFESSIONAL EXPERIENCE

2014-Present

Associate Instructor and DPD Director, Health Behavior and Nutrition Science

University of Delaware, Newark, Delaware

- DPD Director, 2018-Present
- Courses include: Medical Nutrition Therapy 1 & 2, Introduction to the Nutrition Care Process, Nutrition Senior Seminar, Pediatric Nutrition, Applications in Clinical Practice, Nutrition and Gastroenterology, Nutrition Counseling, Nutrition Concepts

2007-2014

Clinical Associate Professor, Health and Nutrition Sciences

Idaho State University, Pocatello, Idaho

Clinical Associate Professor, Health and Nutrition Sciences

- Director, Dietetic Internship, 2008-2014
- Promotion from Clinical Assistant Professor to Clinical Associate Professor 2011
- Director of Dietetics, academic year 2010-2011
- Dietetics Club, faculty advisor 2007-2014

2006-2008

Freelance Writer

Diabetes Explorer Magazine

- Nutrition topics in relationship to diabetes as well as weight management
- Topics included glycemic index, holiday eating, phytochemicals, bariatric surgery, benefits of fiber, healthy eating, cardiac health, carbohydrate counting, etc.

2001-2007

Instructor, Nutrition and General Health classes

State Center Community College District, Clovis, California

- Nutrition: Instruction of nutrients and their ingestion, digestion, absorption, metabolism, interaction, storage, and excretion. The relationship of diet to physical and emotional health, diet patterns through the life cycle, consumer concern, and recent developments.

- Health: Instruction of disease states (diabetes, heart disease, cancer), nutrition, fitness, alcohol, tobacco, illicit drugs, sexuality, pregnancy, and environmental factors as they relate to health.

2006-2007

Bariatric Dietitian

Gary A. Matson, M.D., Inc, Fresno, California

- Individual and group instruction for weight loss, diabetes, and hyperlipidemia
- Assessment and evaluation of nutritional status for bariatric surgery
- Development of education materials and classroom PowerPoint presentations

2004- 2006

Bariatric Dietitian and Diabetic Educator

Saint Agnes Medical Center, Fresno, California

- Conducted individual counseling sessions for pre-operative bariatric patients
- Development of educational material including handouts and pamphlets
- Development of quarterly newsletter Innovations
- Managed monthly bariatric support group
- Development of policies and procedures
- Developed bariatric pre-op and post-op group classes
- Preceptor for dietetic interns
- Educated groups of newly diagnosed diabetics on a variety of nutrition topics in monthly classes

1998-2004

Registered Dietitian for Level 1 critical care, burn center, and neonatal ICU

Community Medical Centers Fresno, California

University Medical Center, Community Regional Medical Center

- Nutrition assessment for trauma, burn and neonatal patients
- Educate physicians, medical residents, and medical students
- Preceptor for dietetic interns (critical care and burn center)
- Development of educational material, handouts, pamphlets
- Direct involvement in various performance improvement projects
- Performed scheduling duties for clinical dietetics department

PROFESSIONAL ORGANIZATIONS

- ACEND program Reviewer: 2019-present
- Academy of Nutrition and Dietetics, current member
 - Nutrition and Dietetic Educators and Preceptors, member 2008-present
 - Dietitians in Integrative and Functional Medicine, 2017-present
- American Society of Parenteral and Enteral Nutrition, 1999-present
- Delaware Academy of Nutrition and Dietetic Member, 2014-present
- Delaware Academy of Nutrition and Dietetic, State Policy Representative; 2015-2022
- Idaho Dietetics Association, member 2007-2014
- Pocatello Dietetic Association, member 2007-2014
- California Dietetics Association- Central Valley District past member and treasurer
- Certified Nutrition Support Dietitian- 1999 to 2004