Hindi, Nepali and Sindhi have a 4-way contrast for all of their plosives. For each place of articulation with a plosive, both voicing and aspiration were contrastive. Although I have no good recordings of Nepali sounds, the International Phonetic Association has quality recordings of Hindi and Sindhi stops, in addition to English stops.\footnote{http://web.uvic.ca/ling/resources/ipa/handbook_downloads.htm} Below, I present the spectrograms of these the Hindi and English stops for comparison. These were made using the software Praat.
Hindi (cf. Nepali, Sindhi)

Hindi

[pal] ‘nurture’

[bal] ‘hair’

[pʰal] ‘knife blade’

[bʱal] ‘brow’
English
‘pie’ [pʰaj]

‘buy’ [baj]
Hindi [b] vs. English [b]

[bal] ‘hair’ (Hindi)

‘buy’ [baj] (English)
Hindi [p] vs. English [b]

[pal] ‘nurture’ (Hindi)

↑↑
voicing begins
plosive is released

‘buy’ [baj] (English)

↑↑
voicing begins
plosive is released
Hindi [pʰ] vs. English [pʰ]

[pʰəl] ‘knife blade’ (Hindi)

‘pie’ [pʰəj] (English)