



EXTERNSHIP OPPORTUNITIES



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Dear Prospective Applicant,

Thank you for your interest! We are excited to begin recruiting for our externship program for the year 2024–2025. If you are interested in having an externship training experience with us, please let us know by January 15, 2024.

If you have questions, please feel free to contact us!

Sincerely,

Katie Bekkeli, PsyD, LP, ABPP
Associate Director of Training
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Brad Wolgast, PhD, LP, CBSM
Assistant Director of Training
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Overview

The mission of the Center for Counseling and Student Development (CCSD) is to contribute to the personal, educational, and career development of University of Delaware students. CCSD has served in this role on campus since its establishment in 1946. As an organization, we are committed to inclusive excellence and the promotion of social justice. The CCSD is accredited by the International Association of Counseling Services (IACS). The CCSD offers group therapy, individual therapy, crisis intervention appointments, referral support, outreach programming. Additionally, the CCSD offers specialized drop-in hours for students who wish to meet with a clinician who identifies within the community or provides specifically-affirmative care.

CCSD is dedicated to training high quality psychology practitioners. In addition to the externship program we have an APA-accredited pre-doctoral internship.

Past cohorts include doctoral students from: LaSalle University, Loyola University Maryland, Widener University, Lehigh University, Immaculata University, Philadelphia College of Osteopathic Medicine, University of Delaware and West Chester University

Activities and Responsibilities

Externs commit to working either 16 hours/week (two, 8-hour days) or 20 hours/week (two, 8-hour days and one 4-hour half day) for the year. One of the full days must be Friday as this is when group supervision and seminar is held.

In a standard week, externship students will have 6–13 hours of direct clinical service, with most hours focused on individual therapy clients. Other direct service hours may be collected through group therapy involvement or outreach and initial triage appointments. The range of direct service reflects the range of hours working at CCSD (16 hours vs. 20 hours), as well as individual variability in terms of readiness and experience upon starting the externship year. Didactic seminars are held throughout the year.

CCSD uses a time-limited treatment model and supports trainees in developing their skills in this modality. In addition to growing their skills in brief treatment, externship students are encouraged to carry one individual therapy client on a longer-term basis in order to diversify their learning experiences.

Externship students typically receive 1.5 hours of individual supervision/week and 1.5 hours of group supervision/week. Videotape review of sessions is used in supervision.

Any questions about the externship at CCSD or application process can be sent to the Assistant Director of Training, Brad Wolgast, PhD, CBSM at bradw@udel.edu.



Application/Selection Procedures

Applicants should submit the following materials:

- Cover Letter
- CV
- Transcripts from graduate work
- Two letters of reference (at least one from a clinical supervisor)

NOTE: For non-PENDELDOT programs, please email application materials to bekkelik@udel.edu by January 15, 2024.

The 2024-2025 externship experience will begin on Friday, August 16, 2024 and end on Friday, May 30, 2025.

PENDELDOT Uniform Timeline

Our site follows the PENDELDOT Uniform Timeline for Externship Applications followed by many programs in the Greater Philadelphia Area. For PENDELDOT participating programs, please go to <http://pendel dot apa org/> and search for our site for more details.